

DHF Logo

Rotating Helpline information
in multiple languages

Our Organization

Domestic Violence

Find Support

Get Involved

Intro Header

Intro Text

Image Defining Organization

CALL TO ACTION

News

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Events

Event Name

Event Date

Event Description

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Event Name

Event Date

Event Description

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Support

The Domestic Harmony Foundation is a community-based non-profit organization that is largely funded through people like you. All gifts will help support our efforts to provide services in response to the social, emotional, and psychological needs of a growing population of women and children suffering from domestic violence.

DONATE NOW

Our Organization

- >> Our Mission
- >> Our Team

Get Involved

- >> Donate
- >> Events
- >> Resources

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- >> Twitter

If you need support, please call the Domestic Harmony Foundation hotline at (516) 385-8292 or email us at info@dhfny.org.

OUR ORGANIZATION

The Domestic Harmony Foundation (DHF), the one and only independent community based not-for-profit organization located in Long Island, NY providing services in response to the social, emotional, and psychological needs of a growing population of mainly South Asian, Middle Eastern, and Muslim women and children, due to domestic violence and other violations of basic human rights.

Originally launched as a volunteer-based committee operating successfully as the Domestic Harmony Committee of Islamic Center of Long Island for the past 18 years, the organization faced an upsurge in the demand for its services due to a growing Muslim, Middle Eastern, and South Asian population on Long Island. As our community tries to cope with worsening economic conditions, we often feel under siege. For many, as minorities and as immigrants, these stresses result in an increase in the number of domestic violence cases and the related emotional and psychological issues cause pain and suffering to everyone in the family. Due to high demand for services, we found that, as a small committee with limited resources, we often had to turn away large numbers of women and children who were in need of shelter from domestic persecution and who, having no options, were forced to go back to their abusers.

With the creation of Domestic Harmony Foundation as an independent not-for-profit organization, we have the opportunity to take advantage of receiving corporate, government, and community funding to expand our programs and increase services. With the DHC's experiences over the last decade, we are confident that our new venture in establishing the Domestic Harmony Foundation is the logical next step in the right direction. Taking care of the most vulnerable members of our community - the women and children in our midst who have been the victims of domestic violence - is an obligation that we all must face as a community.

Meet the Team

From humble beginnings, the Domestic Harmony Foundation has grown into a sizable organization and a known support group for victims of domestic violence.

[Learn more >>](#)

Contact Us

If you would like to contact the Domestic Harmony Foundation, please use the email us at info@dhnfy.org, call at (516) 385-8292, or contact us by regular mail at the following address:

Domestic Harmony Foundation (DHF)
P.O. Box 35, Syosset, NY 11791

Help is available in several languages: English, Urdu, Arabic, Farsi, Hindi, and Bengali

Our Organization

- >> Our Mission
- >> Our Team

Get Involved

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- >> Events
- >> Resources

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DOMESTIC VIOLENCE

What is Domestic Violence?

Nearly 1 in 3 women experience at least one physical assault during adulthood. Domestic violence is not just about physical violence. Domestic violence is a pattern of controlling abusive behavior – emotional, sexual, or physical. It is a pattern that can be prevented and it can be stopped. It is something that can happen to anyone.

+ OPEN

- + Who are the victims?
- + Who are the abusers?
- + What is abuse?
- + What are the signs of abuse?
- + Is there treatment for abusers?
- + How can I protect myself?
- + What is a personal safety plan?
- + How can I get an Order of Protection?
- + How can I protect my children?
- + How can I protect the elderly?
- + Why do I feel like I can't leave?

Common Myths About Domestic Violence

MYTH:

Batterers use violence because they get so angry that they are out of control.

FACT:

Batterers who beat their partners do not usually beat other people with whom they associate. If battering reflected solely a mental illness, or inability to control oneself, then it is highly unlikely that the same target would be singled out time

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[Donate >>](#)

Need Help Now?

If this is an emergency situation, please dial 911 call the 24-hour National Domestic Violence Hotline: 1-800-799-SAFE (7233), 1-800-787-3224 (TTY).

Otherwise please call the Domestic Harmony Hotline at (516) 385-8292. Help is available in several languages including English, Urdu, Arabic, Farsi, Hindi, and Bengali

Our Organization

- >> Our Mission
- >> Our Team

Get Involved

- >> Donate
- >> Events
- >> Resources

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- >> Facebook
- >> Twitter

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FIND SUPPORT

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By Phone

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Select any of the filters to find a specific organizations.

- 24 hours
- Español
- Child Focused
- Long Island
- Elderly Focused
- New York

ORGANIZATION NAME	ORGANIZATION #
Organization Name	Phone #
Organization Name	Phone #
Organization Name	Phone #
Organization Name	Phone #
Organization Name	Phone #
Organization Name	Phone #
Organization Name	Phone #
Organization Name	Phone #
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Organization Name	Phone #

In Person

Find a South Asian Domestic Violence Organization near you. Select your state below and get the phone number, address, and directions to your nearest location.

▼ California

Aasra

Freemont, California
1.800.313.ASRA / 510.657.1245
Email: asraa1@aol.com
[Show me directions >>](#)

Maitri

San Jose, California
www.maitri.org
1.800.8.MAITRI / 408.436.8393
Email: maitri@maitri.org
[Show me directions >>](#)

Narika

Northern California
www.narika.org
1.800.215.7308 / 510.540.0754
Email: narika@narika.org
[Show me directions >>](#)

Sahara

Los Angeles, California
www.charityfocus.org/host/sahara
1.888.724.2722 / 562.402.4132
Email: sahara_2@hotmail.com
[Show me directions >>](#)

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- >> Our Mission
- >> Our Team

Get Involved

- >> Donate
- >> Events
- >> Resources

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- >> Twitter

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GET INVOLVED

Upcoming Events

Checkout upcoming events. Can't attend? Use the Pledge Form to show your support.

Image of Event

Sunday, October 28th, 2012
Walk-A-Thon: Walk To End Domestic Violence

11:00am - 1:00pm
\$10.00 per person
Eisenhower Park, 1899 Hempstead Turnpike, East Meadow, NY 11554

[Register](#) | [Pledge](#)

Ongoing Events

Checkout upcoming events. Can't attend? Use the Pledge Form to show your support.

Image of Event

Learn English for FREE!

DHF is holding free English language classes for women interested in improving their written and spoken English communication. The classes are open to all women. If interested, please contact us by emailing info@dhfny.org, or call our office at 516-385-8292.

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Past Events

Check out photos, presentations, and resources from past DHF events.

[Learn More >>](#)

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- >> Our Team

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- >> Events
- >> Resources

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